

Idræt og bevægelse med glæde

Joyful sport and movement



WHY WE EXECUTE THE PROGRAMME

- To improve health for all children of Slagelse Municipality
- To increase the academic level of the students through exercise
- To help pupils develop good social relations through physical activity
- To motivate all children and young people to stay physically active throughout their life – and to do so with pleasure

WHO WE ARE



Slagelse Municipality facts:

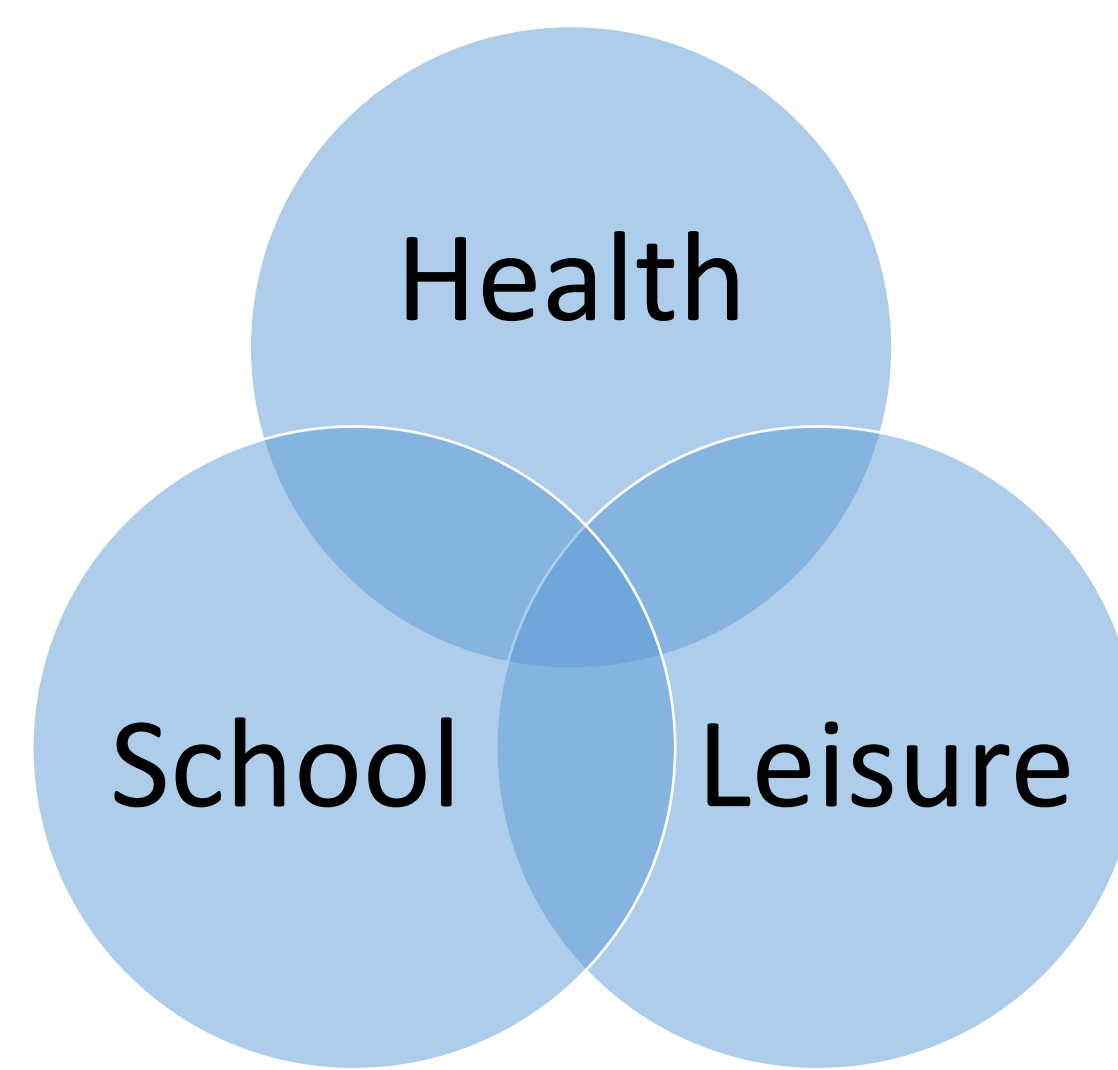
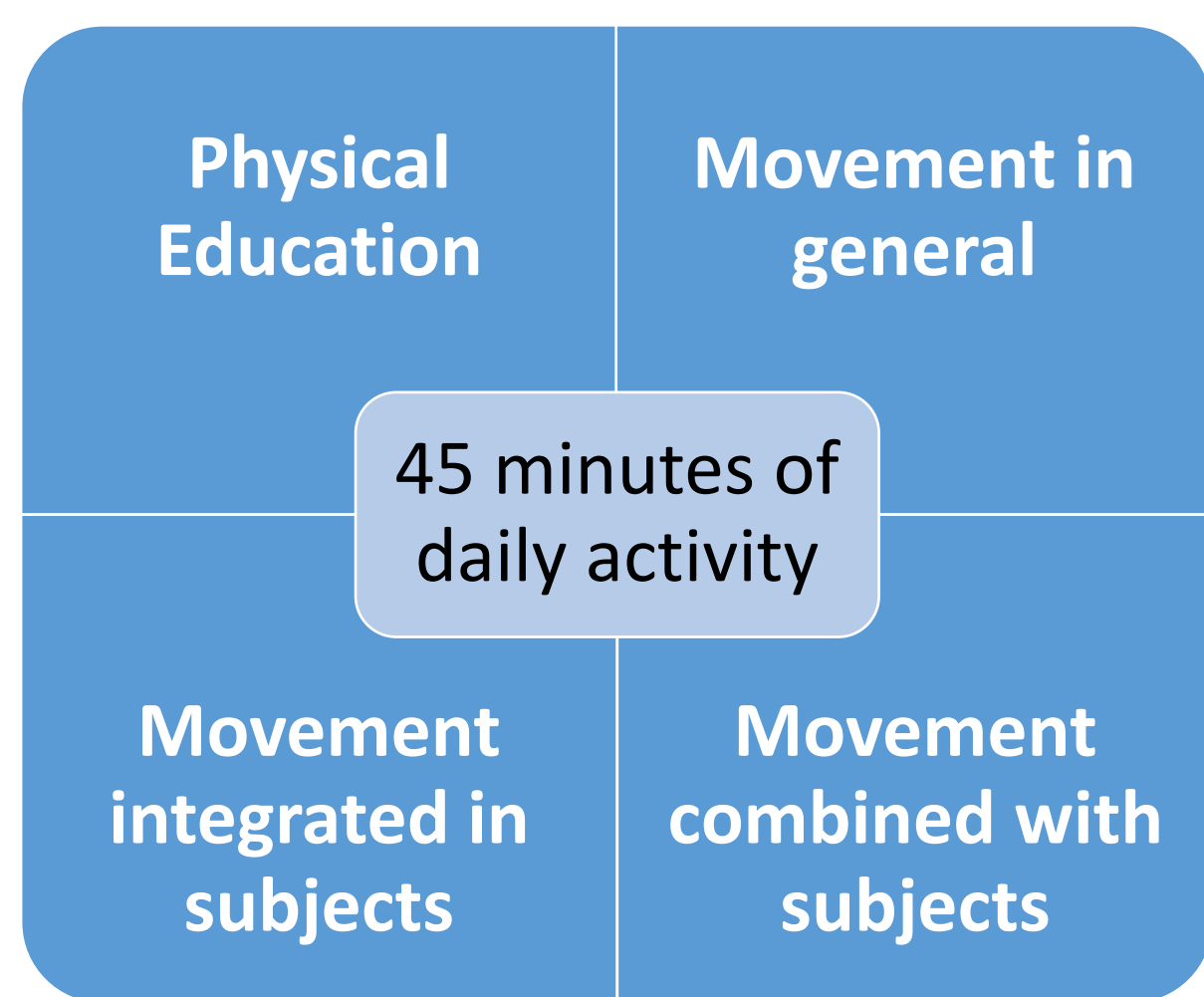
- 76,991 inhabitants
- 567 km²
- 20 public schools
- Approx. 8000 pupils in primary and lower secondary school
- Physical activity among teenagers is in decline

In Slagelse we have worked with a municipal effort to support schools in implementing the Danish School Reform. We have assembled a task force consisting of consultants from different centres in the municipal organization:

- Schools
- Leisure
- Health & Care

OUR APPROACH TO SCHOOL AND SPORT SECTOR COOPERATION

- **Partnership agreement with sports clubs**
- **Teaching teachers – qualification courses**
- **Junior trainer**
- **Interviews with principals**
- **Playagents**
- **Outdoor teaching**



- In order to support the schools in meeting the requirements to collaborate with local sports clubs, the Municipality of Slagelse has made agreements with a number of local sports clubs. Each one of those clubs has been selected due to their desire to collaborate with schools and bring their own expertise into the PE classes. Schools can book introduction courses with qualified instructors from the different sports clubs and these instructors will participate in PE class a number of times and introduce the students to their particular branch of sport. These local partnership agreements presents a great opportunity for students to be introduced to a sport by professional instructors.
- Children have been educated in order to teach active games in the schoolbreaks for the younger children. We call the educated children PLAY AGENTS
- The Municipality invites schools to take part in courses that focus on providing teachers and pedagogues with specific tools for incorporating movement into subjects or planning power breaks.
- The Municipal PE consultant meets with every school principal to discuss the challenges that may arise from implementing 45 min of daily activity.

PRELIMINARY RESULTS AND SUCCESS STORIES



- Partnership agreement with 10 sport clubs
- 5000 pupils have been introduced to different sports
- 20 schools have been part of the Play-agent-program
- 1 school have been selected to the Juniortrainer-programme



50 % of the clubs have increased the numbers of children memberships

“It is really a nice opportunity for me as a teacher to have a professional coach to help me in my PE lessons. Of course I know a lot as an educated PE teacher, but I am not an expert in every sport. Both the pupils and I learn a lot from the professional volleyball coach.”

- Signe Mazanti, Teacher, Broskolen, Slagelse Municipality

FACTS AND FIGURES

- 10 agreements with sports clubs
- 200 teachers have had coaches in the PE lessons
- 200 children have been educated as Play-Agents
- 500 teachers have been educated in how to incorporate movement into subjects and planning powerbreaks



OUR CHALLENGES

- 15 % of the children aged 12-16 are active less than 30 min a week in their spare time
- 11 % of the children aged 12-16 have serious weight problems
- 63 % of the children aged 12-16 are members of a local sports club

CONTACT AND INFORMATION

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